Message from the President – January, 2019







Message from the President -January 2019

Dear Members and Friends of ASSP

Happy 2019 to everyone!

2018 was a great year for our great Alabama Chapter. We celebrated our 80th birthday, had one member with 60 years of service to safety as an ASSE/ASSP member, conducted another successful PDC, hosted the Region 4 PDC in Tuscaloosa, sponsored student scholarships and much more. We are looking forward to another successful year of growth in service to the profession and community in 2019.

The first event of 2019 is our Chapter PDC, to be held on January 10, 2019 at the Associated General Contractor (AGC) building on Grantswood Road off of I-459 in Irondale. Two half day sessions on Proper Machine Guarding and Lockout/Tagout will be offered. Registration link is open for both attendees and exhibitors at https://training.ccs.ua.edu. Click on conferences and choose ASSP Professional Development Conference to sign up.

We will also elect Chapter officers in the Spring. Past-president Randy Easterling is heading up the Nominating Committee. If you wish to serve as an officer or work on one of our committees, please let him know ASAP. We cannot be successful without many members giving of their time and talents, so please help us out.

Also, our annual Chapter Awards event is in April. If you have a nomination for Chapter SPY (Safety Professional of the Year), get that nomination to Tom Ten-Eyck by the end of January. We will also award our student scholarships at this event. Thanks to Greg Blake for heading up that committee and to John Placey for once again getting commitments for scholarship sponsors.

I look forward to working with you in 2019 to ensure your success in our chosen profession of safety. What we do is vitally important to the lives of employees, their families and our business community.

Thank you for all you do!

Yours in Safety and Service,

Wayne P. Jackson

Wayne P. Jackson, MSW, CEAP, CSP President Alabama Chapter ASSP

Meet the Alabama Chapter Team – 2019



Wayne Jackson President



Danny Callies Vice President



Allyn Holladay Treasurer



Greg Blake Delegate



Matt Hollub Government Chair



Frank Lakotich Delegate



Kurt Friend Membership



John Placey Finance



Paul Thurber Tuscaloosa/West



Shawn Ankerich Program Chair



Randy Easterling 2018 PDC Region IV



Troy Ogden Program Committee



Paulisha Holt ASSE Web Site



Donny Burke JFoundation/UAB Advisor



Judith Etterer
or MSHA/DOL

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Vivian McSwain Secretary/Special Events



Caryl Gaiser Program/Newsletter



Tom Ten-Eyck **Education/PDC**



Laura Wilson Deep South/UAB CEUs



Bob Fitzgerald Former Area Director



Andrea Ball



Scott Walker Region IV V.P. Auburn/Montgomery



Jacob Fannin Social Media



Drew Hall Community Affairs



Looking for ASSP Committee Volunteers!

Alabama Chapter's Website: alabama.assp.org

2017-2019 ALABAMA CHAPTER LEADERSHIP

President: Wayne Jackson wjackson@atn.org

Vice President: Danny Callies danny@grplantmaint.com

Secretary: Vivian McSwain vmcswain@martinsafety.com

Treasurer: Allyn Holladay allynh@uab.com

AL/MS Area Director: Joe Keenan jdkeenan@mlc.com

Delegate: Greg Blake gablake@southernco.com

Delegate: Frank Lakotich lakotichf@charter.net

Membership Chair: Kurt Friend kmfriend@southernco.com

Finance Chair: John Placey placeyfour@gmail.com

Web Site: Paulisha Holt pholt@uab.edu

Governmental Chair: Matt Hollub mhollub@ccs.ua.edu

Nominating Chair: Randy Easterling reasterling@ccs.ua.edu

Education/PDC: Tom Ten-Eyck tten-eyck@ccs.ua.edu

Program Chair: Shawn Ankerich sankerich@craneworks.com

Foundation/UAB Advisor: Donald Burke dburke3@uab.edu

Auburn/Montgomery: Scott Walker walker.scott@basco.com

NE/Anniston/Gadsden: Gary Vernon

Tuscaloosa/West: Paul Thurber Paul.Thuber@nucor.com

Newsletter Chair: Danny Callies danny@grplantmaint.com

Social Media/Facebook Jacob Fannin Jacob.fannin@troyal.gov

Community Affairs Chair: Drew Hall AHall@garrisonsteel.com

MSHA.DOL.GOV Judith Etterer Etterer.judith@dol.gov

AGC Tom Robinson TomR@alagc.org

ABC Charles Hall Charles@abc-alabama.com







Joe Keenan, AL/MS Area Director

Greetings and Happy Holidays I send to everyone on behalf of the ASSP! I want to first begin by thanking each and everyone of you for all of your hard work, time and dedication to making the Alabama Chapter the best it can be! I am blessed to be working with an excellent Team in Alabama and each of you are helping to make the Alabama Chapter be the best that it can be.

A couple of quick society notes to pass along. If you haven't already done so, please go ahead and register for the upcoming Region IV ASSP PDC. Emails have been coming out (including one earlier today) and we have an outstanding line up of engaging Speakers and EHS Topics to choose from. If you haven't attended a PDC before, it is an excellent opportunity to build a professional network and expand your knowledge base of EHS. Please register soon as the hotel block will be gone before you know it.

In addition, it is critical to keep the ASSP up to date on any changes to your personal information - such as address, phone number, email, employment, etc. Please access the Chapter Services link on the ASSP Website or contact any Officer if you need any help with this. Thank you for helping to keep ASSP up to date so we can ensure you are receiving timely notifications on important ASSP business!

On behalf of Andrea Ball and myself, we want to wish each of you a very Safe and Happy Holiday Season. Merry Christmas, Happy Hanukkah, and Happy New Year to everyone!

Sincerely,

Joe Keenan

Another Good Reason to Attend ASSP Meetings – C.E.U. Hours

















ASSP-W AL-Stop Heart Attack/Bleeding December 12, 2018 Tuscaloosa, AL

Thank you for attending the December W AL Chapter ASSP meeting.

This event has been approved for:

I. As an approved provider of the AL Board of Nursing, The Deep South Center - Provider ABNP0420 has awarded 1.0 contact hours

II. All other professionals are awarded .1 CEU's by the Deep South Center for Occupational Health & Safety

The Deep South Center for Occupational Health & Safety



Visit Alabama Chapter's web site for more information: alabama.assp.org

Alabama Chapter-Birmingham, Meetings 3rd Fridays 11:30-1:00pm @ AGC Building off I-459 & Grants Mill Road

Jan. 18th Shawn Ankerich, Crane Works "PM for Accident Prevention"

Feb. 15th Amye Carle, Hoar Construction "Risk Management how it relates to Safety"

Mar. 15th Brady McLaughlin, TrioSafety "HEAT; Hostile Emergencies Action Training"

<u>Auburn/Montgomery Section</u> meeting set for Jan 25. Noon CST - Briggs & Stratton in Auburn. Topic is AEDs in the workplace.

For more information contact: Scott Walker; walker.scott@basco.com

Meeting Location: Nucor Steel Tuscaloosa, Inc.

1700 Holt Rd NE (Iverson Center), Tuscaloosa, AL 35404

Please make arrangements to attend. If this will be your first visit to Nucor Tuscaloosa, please allow an extra 10 minutes for our gate entry process. If you have any questions call Paul Thurber @ 205.562.1244

January 4th@ 11:15am

Workers' Compensation and Beyond!

About our speaker...

Tara is a speaker on workers' compensation issues for the Alabama Department of Industrial Relations (Alabama Department of Labor) and frequently conducts in-house educational sessions on this topic for several insurance carriers and third party administrators. In addition, she has tried cases to verdict in both bench and jury trials and represented insureds in labor disputes in arbitration hearings. (I'll attach a more thorough bio to email as well.)

ASSP – Tuscaloosa/West Alabama 2019 @ Nucor

Meetings held on the First Friday at Nucor Steel Tuscaloosa, Inc.

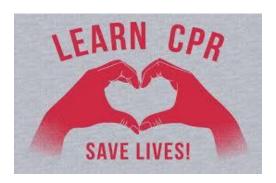
Time: 11:15 – 1:00pm

1700 Holt Rd NE, Tuscaloosa, AL 35404





For more information Contact: Paul Thurber, Safety/Nucor Cell: 205-657-7203 Email: Paul Thurber@nucor.com



Dear Friends,

I trust this email finds you well. A very good friend of mine (Scott Herndon with Meridian Brick) shared a version of this with me earlier today and I took the liberty to edit it a bit and then to re-gift it. Thanks to Scott for the premise as well as for a majority of the content. By the way, feel free to share throughout your circles as well. The more folks this information reaches – the better.

Studies indicate that the rate of heart related emergencies spike around the Holidays. There are many factors which are thought to contribute to this; however, they are not the focus of this communication. Recognizing that the risk is increased and that many of us will be attending functions where there may be a large number of people, I thought this would be a good time to provide <u>a refresher</u> as to the steps of performing CPR.

Adult CPR:

- 1. As you are approaching the patient, make sure that the scene is safe.
 - a. Things such as traffic, chemicals, or electrical equipment may be harmful. Take precautions.
- 2. Tap the person on the shoulder and shout "Are you OK?...Are you OK?"
- 3. If there is no response, direct someone to call 911 and to get an AED. If there is no one else around and you are with an adult patient, you call 911 and get an AED, if available.
- 4. Then, look at the patient face, neck, and chest...are they breathing, blinking, or coughing? If there is no breathing or only an occasional gasp, they need CPR!
- 5. Make sure the patient is lying on a firm, flat surface.
 - a. A bed or a couch does not qualify...move them to the floor.
- 6. Place the heel of one hand on the patient's chest...mid-nipple line and mid-sternum.
- 7. Place your other hand on top of the first hand and interlock your fingers.
- 8. Position yourself with your shoulders straight above your hands and lock your elbows.
- 9. Push straight down into the patient's chest 2 inches, 30 times, at a rate of 100 to 120 compressions per minute.
 - a. You may feel cracking beneath your hands the first few times you push. Don't freak out. You are likely breaking cartilage loose where the ribs meet the sternum. Your compressions will then get easier.
- 10. Open the patient's airway by pushing back on the forehead and lifting the chin.
 - a. This moves the base of the tongue away from the back of the throat.
- 11. Pinch their nostrils closed and place your mouth over their mouth, giving two breaths lasting 1 second each...just enough to see the chest rise. This should take no more than 10 seconds.
 - a. If this is not someone you know and you are not equipped with a barrier device, you may not be comfortable in performing mouth-to-mouth resuscitation. If this is the case, perform "compression only" CPR.

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12. Keep repeating 30 compressions and two breaths until the patient starts breathing or until qualified help or an AED arrives.

If/when an AED arrives:

- 13. Turn the unit on.
- 14. Remove the pads from the package.
- 15. Peel one pad from the plastic liner and place it on the patient's bare chest, in the position indicated on a picture on the pad.
- 16. Peel the second pad from the plastic liner and place it on the patient's bare chest, in the position indicated on a picture on the pad.
 - a. The AED will then tell you "Do not touch patient...analyzing heart rhythm" or a similar message.
 - b. If the AED detects ventricular fibrillation (a condition where the heart is quivering but not pumping blood), it will tell you "Shock needed...stand clear...push red flashing shock button" or similar message.
- 17. Make sure that no one is touching the patient and push the shock button.
- 18. After the shock is delivered, resume CPR, beginning with compressions.

Being prepared for emergencies, whether at work, at home, or at play, helps us <u>make a difference in the lives</u> <u>of others and THAT'S WHAT WE'RE ABOUT!</u>

Paul Thurber,

Safety Director

1700 Holt Road N.E. • Tuscaloosa, AL 35404

Cell: 205.657.7203

paul.thurber@Nucor.com



Two steps to save a life:



First Aid Fast Facts. Did you know that you can perform CPR on a victim of sudden cardiac arrest *even without a mask?* The American Heart Association promotes Hands-Only CPR that doesn't involve giving breaths - which means no mouth-to-mouth and no masks needed. The steps are simple: Call 9-1-1 and push hard and fast in the center of the victim's chest. Studies show that performing Hands-Only CPR can help double or even triple a victim's chance of survival.

Trio Safety CPR+AED merges with Stop Heart Attack. Alabama's largest CPR training provider has merged with the state's most trusted AED distributor. The merger of Trio Safety CPR+AED and Stop Heart Attack means clients will receive the best pricing, selection, and delivery of quality training, AEDs, and now bleeding control kits in the nation. "Trio's ability to deliver easy, engaging, and effective First Aid & CPR classes is now amplified through our merger with Stop Heart Attack, giving our clients the most affordable access to not only the training, but the life-saving AEDs and bleeding control kits as well," says Brady McLaughlin, CEO of Trio. You can find out more anytime at www.triosafety.com and www.stopheartattack.com.





Brady B. McLaughlin brady@triosafety.com





American Society of Safety Professionals Alabama Chapter Professional Development Conference

Mark your calendars! The Alabama Chapter of the American Society of Safety Professionals (ASSP) Professional Development Conference (PDC) is being **held on January 10, 2019**, at the Alabama General

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Contractors (AGC) Conference Center, 5000 Grantswood Road, Irondale, AL.

Hosted by the Alabama Chapter of ASSP, this conference offers a great opportunity for safety and health professionals to learn, network, and earn certification points provided for ASSP / AIHA. Keytopics for the event are Machine Guarding provided by Rockford Systems, LLC and Proper Lockout & Tagout provided by Brady Corporation.

The ASSP PDC registration begins at 7:30 a.m. The conference will include breakfast and lunch for all attendees. The cost is \$75 for all attendees. If you would like to be an exhibitor, limited space is available for \$100. Registration for the PDC will end on January 4, 2019. To register, please go to training.ccs.ua.edu or call 1-866-432-2015.

For more information about ASSP, please go to our website at alabama.assp.org. For more information on the PDC, please download the flyer. If you have any questions, please call Tom Ten-Eyck at 205-348-8563 or email him at tteneyck@ccs.ua.edu or contact Wayne Jackson at wjackson@atn.org.



Alabama People in Safety

Clint Anderson with Safeware here.

My wife and I decided to run away for Thanksgiving. We went to Beijing China. Below is a picture of my wife and I on the Great Wall of China. It was the most amazing thing that I have ever seen!! You can see the Great Wall "snaking" behind us over the mountains.

You should have heard me trying to communicate with my southern accent. I would ask for some more rice and they would show me where the bathrooms were. LOL

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The Great Wall of China was built for safety. The country of China built the Great Wall to separate themselves from the Mongolian empire. It stretches across 13, 171 miles.

Safety was important in 206 BC and it is still very important today.

At Safeware we have built a wall of safety. We sell, service, and rent firefighting, law enforcement, safety, and Industrial Hygiene equipment. Please visit www.safewareinc.com

Please see below for some of our safety blocks in walls that we have built for customers....

DJI Drones—We offer a wide variety of drones that can have modular lenses, thermal imaging cameras, and other connected monitoring devices like radiation or gas detection. The use of drones for law enforcement, firefighting, and industrial are becoming more varied and important.



Please call me at 678-725-7687 or email me at canderson@safewareinc.com if you need me to work on extending or repairing your safety wall.

Finally---MERRY CHRISTMAS TO YOU AND YOUR FAMILY!!





Special Thank you to Jacob Fannin

Alabama Chapter Facebook and Social Media Chairman





The AL Chapter ASSP Facebook page is officially up and running. Check it out and let me know what you think.

Jacob Fannin, Risk Coordinator/City of Troy





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Risk Management Coordinator
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Cell: 334.268.0296

I have added several events listed in the letter to the Facebook page. Can someone send me some of the pics from recent meetings, etc. I will add them to the Facebook page. Danny – If you would please add a page to the newsletter encouraging members to send pics of the meetings, events, etc. to me and I will add them to the Facebook page that same date. <u>WE NEED PICTURES for the Facebook page!</u>

Jacob Fannin







Judith S. Etterer, SE District Staff Assistant, MSHA MNM

Cornett's Corner Safety News & Resources

Special Edition: Three Found Alive In West Virginia Mine

PUBLISHED ON DECEMBER 14, 2018



CBS News December 13, 2018 Three found alive in WV mine

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WHITESVILLE, W.Va — Three people who spent more than 100 hours stranded in an underground mine in Raleigh County were found safe Wednesday evening, said Samantha Smith, director of marketing and communications for the West Virginia Department of Commerce.

Rescue squads made contact with Cody Beverly, 21, Kayla Williams, 25, and Erica Treadway, 31, around 6:30 p.m. Wednesday, and they were brought to the surface by 7:30, Smith said. At 8 p.m., they were being taken for medical treatment.

The three people, along with Eddie Williams, 43, are believed to have trespassed and entered the Elk Run Coal Co.'s Rock House Powellton mine, near Clear Creek, on Saturday evening. According to records with the Mine Safety and Health Administration, the underground mine has been inactive for about two years.

Williams found his way out of the mine around midnight Monday, said Raleigh County Sheriff Scott Van Meter.

Officials said Williams cooperated to help rescuers from the West Virginia Office of Miners' Health, Safety and Training and Alpha Natural Resources — Elk Run Coal Co.'s parent company — locate his friends.

As the search continued for the three Wednesday, family and community members gathered in the nearby Salamy Memorial Center, praying for the safe return of their loved ones.

Ross Williams, a former coal miner and stepfather of Beverly, said Eddie Williams was an experienced coal miner. The other three, including his stepson, had never been underground in their lives, he said.

"I know how they're feeling under there, how dark it is, how scared they must be," Ross Williams said Wednesday afternoon, before news of their safety had been received.

"That's what I can't stop thinking about," said Marsha Williams, a relative of Kayla Williams.

"It's dangerous, there's no light and it's pitch black," Ross Williams said, holding his hand half an inch in front of his nose. "That's how far they can see — nothing at all."

Capt. Holli Nelson, public affairs officer for the West Virginia National Guard, said 10 guardsmen were on site Wednesday with three Humvees, providing rides to and from the mine entrances for rescuers.

On Sunday, officials launched the first rescue efforts into the mine. Numerous other attempts occurred in the days that followed.

Ross Williams said his family got a call about the situation Sunday, and there's been little time for them to rest since.

"We walked to the top of the mountain as soon as we got the news. Everyone did," Ross Williams said. "We wanted to help. We wanted to do something."

The hardest part, Ross Williams said, was the waiting.

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(Beverly, Treadway and Kayla Williams) were in the wrong for what they did, but their lives are still worth something," Ross Williams said.

Family members in the memorial center were joined by their neighbors, most from Artie, as they waited for any updates Wednesday. Most were praying for miracles.

"Three miracles," said Marsha Williams. "That's all we pray for today."

Ross Williams nodded solemnly.

"We're just praying for them to be alive, for them to come home, for a reunion here, not anywhere else," he said. Click here for source.

Thanks for the share, AB!







Happy Holidays from the Florida Mine Safety Program!

The Florida Mine Safety Program wishes you and yours a wonderful holiday season! We would also like to remind everyone to keep safety in mind as you celebrate with family and friends.

Looking back, 2018 has been a very special year for our program. We held our Inaugural Surface Mining Emergency Response Training and Competition in February, and it was a huge success! In October, we were honored to receive the 2018 TRAM Training Materials Competition Grand Prize for our mine safety training video at MSHA's annual Training Resources Applied to Mining (TRAM) Conference in Beaver, West Virginia.

We're very excited for the year ahead and our Second Annual Surface Mining Emergency Response Training and Competition on Feb. 25 - March 1, 2019! We'd like to give a special shout-out to Mosaic, who has already registered two emergency response teams for this event. Register your team today!

For more information on this event, contact FMSP Mining Program Manager Karen Miller at millerka@tcc.fl.edu or (850) 201-7689.

For More ASSP Information Contact:

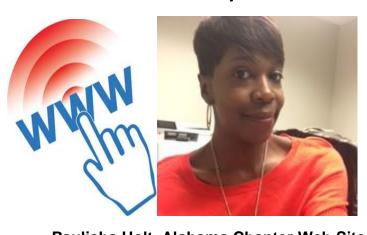
Newsletter looking for Stories, Pictures & Awards of our Members. Programs need Safety Topics, Speakers and Meeting Locations.





Danny Callies

danny@grplantmaint.com







Paulisha Holt, Alabama Chapter Web Site

Jacob Fannin, Facebook/Social Media

pholt@uab.edu

jacob.fannin@troyal.gov

alabama.assp.org

We hear I didn't get an email about the meetings, events or copy of the current Newletter. Please click onto the Alabama Chapters Web Site for all the ASSP/Safety Information; Paulisha does an excellent job with all the updates. Last week, the City of Troy and Sanders Lead Co. cohosted an American Society of Safety Professionals meeting. Members in attendance ranged from city and state employees, as well as Sanders and KW Plastics staff. The guest speaker was Mr. Gary Shekels with Millennium Risk Managers of Birmingham. And the topic was "Terrorism and the Safety Professional. How do we integrate?"

Jacob Fannin, City of Troy



