



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Alabama Chapter

August '24 Newsletter

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PRESIDENT'S LETTER

August is here and that means the *Governor's Safety and Health Conference* is just around the corner. Attendance may be closed by this letter as there were few vacancies left by late June. The conference will be Monday August 26 through Wednesday August 28, 2024. **Mr. James Spann**, the **Weather Authority**, for Birmingham's television station **ABC 33/40** is the Monday morning opening session speaker. **Mr. Bruce S. Wilkinson** will close out the conference with a motivational presentation. There will be two pre-conference classes. Friday August 23 class is *OSHA 7005 Public Warehousing and Storage*, a full day class. Saturday August 24 will be a half day class, *OSHA 7845 Recordkeeping Rule Seminar*. There are plenty of interesting breakout sessions from late Monday morning through Tuesday afternoon. For more information see the **University of Alabama Conference Registration** website at https://calendar.ua.edu/department/college_of_continuing_studies.

The **Alabama Chapter** will meet on Friday August 16, 2024 at our usual **AGC** location in **Irondale, AL**, look for more information on this meeting in our monthly newsletter. **Dr. Chris Schemel, Safe State Director**, from the

University of Alabama College of Engineering will do a presentation on Fire Hazards. He has spent time investigating and evaluating the **Hawaii** fire that caused so much destruction in that State. This should be an interesting presentation. Our September 20, 2024 presentation will be on Rigging and presented by **Brasfield & Gori's Mr. Steve Sawyer** and **Mr. Jordan Casey**. This will cover issues such as inspections and proper use which is important for both Construction and General Industry. A recent fatality in Alabama resulted from a failed lift.

We will be partnering with **ABC** and **AGC** over the next year to conduct professional development conferences for both the General Industry and Construction practices. The first PDC we have will be October 4, 2024 with **ABC** with the location to follow. Equipment designed for reducing silica dust will be on demonstration at this PDC. There may be some vendors on hand as well. More information on this event will follow on our website. Possible other PDCs that are being planned for later in the 2024-25 year include recordkeeping and an electrical event. Information on each will be forthcoming. These events will be great opportunities to obtain CEU's for recertification.

Our July meeting was a combined **Alabama Chapter** and **NE Section ASSP Meeting**. This was the first meeting for the newly restarted **NE Section**. **Mr. Charley Bishop** volunteered to be the **Section Chairman** and setup their first meeting which was Friday July 19, 2024 at the **Honda Manufacturing Plant No. 1 in Lincoln, AL**. This meeting included a tour of plant **No. 1** where they assemble two of the Honda Vehicles. **Honda** also provided lunch and this meeting was a great success. Thank you Charley for setting up this great meeting and tour. Look for an article and photos of the event on our website soon.

We are also looking for members who want to get more involved in the Chapter by volunteering as a **Program** or **Governmental Affairs Chair**. We would appreciate any member who would like to serve one of these Chairs. As **Program Chair** you will assist us with finding informative presentations for not only the Chapter but Section meetings. With Zoom and Team technology we can get knowledgeable presenters from all over the country to present to our members. While at conference that you attend talk to the presenters to see if they would be willing to do a 30 to 45 minute presentation for us.

Speaking of service by our members. **Randy Easterling** is our new **Alabama/Mississippi Region IV Area Director**. He takes over for **Wayne Jackson** who has held the position the past few years. Let's welcome Randy

as our new Area Director and the Chapter looks forward to working with him to improve the **Alabama Chapter** and Sections.

The **ASSP Safety 2024** conference will be held in **Denver, Colorado** from August 7-9, 2024. There are both pre- and post-conference courses to attain continuing education credits for your re-certification(s). Next year the conference is scheduled to be in **Orlando, Florida** in July.

Be careful and safe out there in your daily travels, work activities, and summer vacation.

Thomas Ten Eyck, CSP
ASSP Alabama Chapter President

MEMBERSHIP UPDATES

New Members July '24

- Diana Abbasi
- Akram Amjath Ali
- Alexis Andry
- Danielle Berry
- James Major
- Gene Pugh
- Erfan Ramezanpour
- Bart Wilder

Long Service Members August '24

- Gary Vernon, 5 Years
- Chad McDougal, 8 Years
- Thomas Robinson, 8 Years
- Jonathan Willis, 8 Years
- Nicholas Shelton, 9 Years
- Melissa Bice, 12 Years
- Deborah Lechner, 16 Years
- Karen Stammer, 16 Years

- Brent Fisher, 17 Years
- Michael Huckabaa, 17 Years
- Matt Hollub, 20 Years
- Thomas Evans, 23 Years
- Ron Turner, 23 Years
- John Placey, 49 Years

UPCOMING EVENTS

August '24 Meeting Announcement

Date and Time: August 16 | 11:30 am - 1:00 pm

Location: Alabama AGC, 5000 Grantswood Rd #100, Irondale, AL 35210

Title: *Fire Hazards*

Presented by: *Dr. Chris Schemel, Safe State Director*

Please join us for this training class. This class topics will cover Fire hazards. .

Register Here To Attend!

Zoom will also be available.
Attendees receive CEUs!

[Sign Up for Safe + Sound Week 2024](#)

[June is *National Safety Month* sponsored by the **National Safety Council**. **OSHA** has *Safe + Sound Week*. Here is another excuse to get the word out about safety to your employees and management.]

OSHA's annual campaign to celebrate success in workplace safety is Aug. 12–18. Sign up in three quick steps to access resources and tools and get recognition for your efforts. [Learn more](#)

[Help AIHA Beta-Test Its New Heat Stress App](#)

We encourage all members to consider helping AIHA beta-test its new heat stress app. Testers will confirm functionality, identify errors and offer suggestions for improvement. [Learn more](#)

RECENT ACTIVITY

July NE Section Meeting at Honda



Charley gives coveted cup to Celeste

On July 19th the **Northeast Section** held its first meeting. The Section had the opportunity to tour parts of the **Honda Manufacturing Plant No. 1**. Our tour guide, **Celeste Sage-Beevers**, explained how Honda handles different aspects of their safety program throughout their facility, while also explaining the processes in making several vehicles as well as engines in this plant. With Honda's expansions over the years adding new car lines and the engine plant it was interesting hearing how they handle their ever-changing

Ergonomic issues. The tour was interesting and thank you once again to our hosts at Honda for having us and providing all the attendees with a Honda gift pack. [From **Charley Bishop**]



[Click for Full Sized Picture](#)



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The Alabama Chapter Is Gold!

ASSP National tracks the activities of chapters and encourages us to be productive. One of the ways they do that is to assign medals to the chapters depending on the points awarded for performing certain tasks. Some tasks are required and garner a lot of points while others are suggested but help the chapter and the society to excel so more of them must be done but they add up. These activities and points are tracked on the *COMT Report* or the *Chapter Operations Management Tool*. It is a neat digital system that coaches us on how to perform the required and suggested activities to optimize points and help the society. [You can see a copy of our latest COMT report here.](#)

How did we do? We got Gold! The **Chapter Executive Team** fills in the forms and sends in the data at the end of each fiscal year which starts in July. The system shows our status on our [Chapter page](#). Our Chapter's Executive Team serves for two years but the data is sent as though the past year is judged alone. We are preparing the goals and objectives for next year now which will feed into the report next year.

Randy Easterling, our new **Region IV Area Director** sent a note to our leadership.

Alabama Leadership,

Congratulations on achieving Gold status for this past year. It shows the hard work and commitment to the Society and the profession.

I appreciate your efforts and service to the membership.

Thank you

Randy

The highest level of achievement for the COMT is Platinum and requires an investment of more time, effort, and activity. We see it all in balance considering our busy lives. Where do you want us to be?

Let me know if you have any questions about this process and the requirements. Do you want to help us continue to make a good showing? Please volunteer and get involved.

Imposter Syndrome Research

This newsletter won't be out in time to register for the July 24th webinar *Imposter Syndrome: Do I have it... Its impact on workplace safety*. It was presented by the **J&A Bharat HSE** and **J&A Global HSE Foundations** and a part of their regular *Outreach & Knowledge Transfer Sessions*. They included some information in their announcement on July 18th and I thought you might like to see the summary. I believe that I have known people who have these traits and may have exhibited them at times myself.

About the Topic : *Imposter Syndrome, Do I Have it ?... its impact on workplace safety....*

- Imposter syndrome, also known as perceived fraudulence, is a common psychological experience where individuals doubt their competence despite objective success.
- It can manifest in various contexts, such as work, relationships, or friendships. People with imposter syndrome consistently experience self-doubt, even in areas where they excel.

- This phenomenon often leads to negative self-talk and feelings of inadequacy. Although not a diagnosable mental illness, imposter syndrome affects highly accomplished individuals, creating a self-fulfilling prophecy.
- Researchers have identified five types of imposter syndrome:
 1. **The Perfectionist:** These individuals believe they must be flawless to succeed, feeling like imposters due to their perfectionistic traits.
 2. **The Expert:** Experts fear being exposed for not knowing everything about a subject or process.
 3. **The Natural Genius:** Natural geniuses expect tasks to come easily; when they struggle, they feel like imposters.
 4. **The Soloist:** Soloists avoid seeking help, fearing it would reveal their inadequacy.
 5. **The Superwoman/Superman:** These high-achievers juggle multiple roles, feeling like imposters when they can't excel in all areas.
- Remember, imposter syndrome doesn't define your worth, and addressing it is essential for personal growth and well-being.
- There is always a way to overcome barriers like this with collaborative effort in early detection and prevention
- The topic also will be covered on the impact of imposter syndrome on workplace safety.

The topic will be delivered by subject matter expert **Dr Varsha Reddy Jayar**, Senior Doctor Geriatric Specialist, RI, University Hospitals Of Morecambe Trust, Lancashire.Lancaster, MD Geriatric Medicine, ACMDC, AFIH, FAM, Fellowship in Palliative Care and Musictherapy In Geriatric Medicine,Post Graduate Dip oma in Bioethics & Health Law in Medica & Health Science.

CAREER OPPORTUNITIES

We are always looking to network and find out if there are job openings. The jobs must be in an Environment, Health and Safety function. For example: Fleet Safety Manager, Director of Environmental, Health and Safety, Risk Manager, etc.

We will post the jobs to our website. No charge but the chapter is always accepting donations to help establish our scholarship fund. Your contribution is appreciated.

Please e-mail the job information to secretary@alabama.assp.org.

[Visit the Alabama ASSP Chapter Jobs Page](#)



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