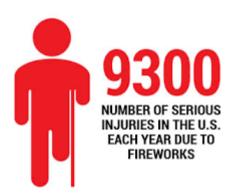
## **JULY 2018**











### Message from the President – July, 2018







## Message from the President –July 2018

#### **Dear Members and Friends of ASSE**

It is official. The ASSE has now transitioned to ASSP. Our new chapter website is up and running. The address is the same as before, except "asse" is now "assp". (htpps://alabama.assp.org). We have a new ASSP table skirt and advertising sign to promote our organization. We plan to order more Chapter promotional materials soon.

Good things are happening in the Alabama Chapter. I encourage you to be more involved in our continued growth and ever broadening reach. We will continue meetings in Troy and look for opportunities to expand to other cities. We are exploring new student Section opportunities and will partner with other professional organizations in our effort to reach more safety professionals and companies. This requires more hands, heads and hearts committed to the cause. I invite you to discuss with your Section or Chapter leadership where your talents and passion for safety can be most impactful. As I have said before, the more I am involved in our ASSP, the more value it brings to me.

July begins our new Chapter year and we are planning for another banner year. Celebrating our Chapter's 80th birthday may be the most exiting social event of our year. Vivian McSwain and Danny Callies are heading the planning committee. Look for more details soon.

Tom Ten-Eyck from our Tuscaloosa Section has been nominated to fill our third House of Delegates slot. We did not have a quorum to allow a vote at the June meeting, so look for an electronic ballot this month. Please vote online.

A couple of recent changes in our Chapter leadership of note. Jamie Stewart, Chapter Secretary for the past year, has relocated to Atlanta due to her significant other's job. Thank you, Jamie, for your service to our Chapter. Thanks also to Charles Campbell, who has been our webmaster for several years. He and his family have relocated to south Alabama. We wish you both well in your new locations. Paulisha Holt from the Deep South Center has graciously volunteered to be our new webmaster. Thank you Paulisha for stepping up!

Happy Independence Day to all of you. I love living in the greatest country on earth and being a part of the great Alabama Chapter, ASSP!

Yours in Safety and Service,

Wayne P. Jackson

Wayne P. Jackson, MSW, CEAP, CSP President Alabama Chapter ASSE





Safety 2018 - San Antonio, TX



## **Alabama Chapter Recognition**

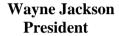






## Meet the Alabama Chapter Team







**Danny Callies** Vice President



Allyn Holladay **Treasurer** 



**Greg Blake Delegate** 



**Jamie Stewart Secretary** 



Frank Lakotich Robinson **Delegate** Chair



**Kurt Friend** Membership



John Placey **Finance** 



**Paul Thurber** 



Jeff

Tuscaloosa/West **Program** 











Randy Easterling 2018 PDC Region IV

Troy Ogden **Paulisha Holt** Program Committee ASSE Web Site Foundation/UAB Advisor Govern. Chair

**Donny Burke** 

**Matt Hollub** 



**Alicia Pannell B&G Event Coordinator** 



Vivian McSwain **Community Affairs** 



**Caryl Gaiser Program Committee** 



Tom Ten-Eyck **Education/PDC** 



**Bob Fitzgerald** AI/MS Area Director



**Andrea Ball** Region IV V.P.



**Scott Walker Auburn/Montgomery** 



**Gary Vernon** NE/Anniston/Gadsden



Jacob Fannin Social Media/Facebook Deep South/UAB-CEUs



**Laura Wilson** 



**Judith Etterer** MSHA.DOL. GOV



**Jim Cooley OSHA.DOL. GOV** 



## **2017-2019 ALABAMA CHAPTER LEADERSHIP**

President: Wayne Jackson wjackson@atn.org

Vice President: Danny Callies danny@grplantmaint.com

Secretary: Jamie Stewart jcstewar001@gmail.com

Treasurer: Allyn Holladay allynh@uab.com

AL/MS Area Director: Bob Fitzgerald bwfitz@mac.com

Delegate: Greg Blake gablake@southernco.com

Delegate: Frank Lakotich lakotichf@charter.net

Membership Chair: Kurt Friend kmfriend@southernco.com

Finance Chair: John Placey placeyfour@gmail.com

Web Site: Paulisha Holt pholt@uab.edu

Governmental Chair: Matt Hollub mhollub@ccs.ua.edu

2018/PDC-Region IV: Randy Easterling reasterling@ccs.ua.edu

Education/PDC: Tom Ten-Eyck tten-eyck@ccs.ua.edu

Program Chair: Jeff Robinson jrobinson@craneworks.com

Foundation/UAB Advisor: Donald Burke dburke3@uab.edu

Auburn/Montgomery: Scott Walker walker.scott@basco.com

NE/Anniston/Gadsden: Gary Vernon

Tuscaloosa/West: Paul Thurber Paul.Thuber@nucor.com

Newsletter Chair: Danny Callies danny@grplantmaint.com

Social Media/Facebook Jacob Fannin <u>Jacob.fannin@troyal.gov</u>

Community Affairs Chair: Vivian McSwain <a href="mailto:vmcswain@martinsafety.com">vmcswain@martinsafety.com</a>

MSHA.DOL.GOV Judith Etterer <u>Etterer.judith@dol.gov</u>

OSHA.DOL.GOV Jim Cooley <u>Cooley.james@dol.gov</u>

## **Alabama Chapter/ASSP Program Committee**



Jeff Robinson Program Chairman CraneWorks & Rental



Alicia Pannell
B&G Event Coordinator
Brasfield & Gorrie



Caryl Gaiser
Program Committee
Nucor Steel-Bham



Troy Ogden
Program Committee
Brasfield & Gorrie

## Thank you to our Support Team and Lunch/Breakfast Sponsors!













Employer's

Claim Management, Inc.











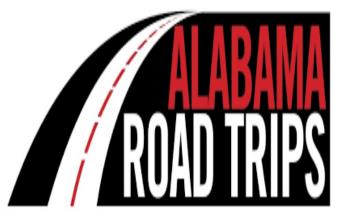




Visit Alabama Chapter's web site for more information: alabama.assp.org

#### Alabama Chapter's Upcoming Meetings, Locations TBA (11:30am-1:00pm)

• July 20<sup>th</sup> Speaker will be Braxton Reno from Reno Refractories. He is the HR and Safety Director + potential new member. Meeting to be held @ Brasfield & Gorrie Conference Center, Birmingham





• Aug. 17<sup>th</sup> Alabama Chapter ROAD TRIP.....Tentative Speaker is Jason or John Garrison from Garrison Steel to speak on safety in steel erection and also Go Build Alabama,"Learn A Skill, The Future Is For Workers; Master A Trade." Meeting to be held at Garrison Steel in Pell City, AL.



Car Pooling with Bob Fitzgerald, John Placey or Danny Callies?



## Safety Day 2018 – Eagle Winners





**Brasfield & Gorrie, LLC.** 

C.S. Beatty Construction, Inc.







**Thompson Engineering** 

## ABC Safe Day 2018



Steven D. McGill -Volkert, Inc. Safety Director of the Year



#### **Safety Updates**

We are still having a great year in regards to safety. We received two safety awards by the Associated Builders and Contractors of Alabama.

The first award was the safest in the industry and the second award was for an innovation in safety.

The safest in the industry award would not have been possible without the dedication of our employees and the commitment from management to work safe every day.

Our employees work in a very hazardous occupation and prove that it can be done safely.



We received the innovation in safety award for our ironworker training school. This school allows us to reach high school students and teach them the importance of safety in a controlled environment.





## Thank you Bob Fitzgerald



#### Announcements from Bob Fitzgerald:

Bob Fitzgerald addressed the committee to share his gratitude and hopes for the AOC with the change in leadership. He wanted the AOC to know that his 5 years of service had been "awesome"—this is a great team. He hopes the area will continue to work as a team and constantly grow—getting better and better. He is proud to be a part of this award winning chapter and feels confident that the great momentum will continue.

#### **Chapter/Section Updates:**

#### Alabama—Danny Callies and Allyn Holladay

- Chapter Meeting was held at Brasfield and Gorrie on May 18<sup>th</sup>—good attendance. The UAB
  DSC brought its Summer Institute students to introduce them to ASSP and the professionals at
  the meeting
- We have over 500 members, but only an average of 30 attend the meeting—looking for suggestions to improve luncheon attendance
- Next meeting will be June 15<sup>th</sup> at Brasfield and Gorrie: The Use of Technology in Safety will be the topic
- Tuscaloosa Section met on June 1—Tom Robinson presented on having an attitude for safety

#### Mobile—David Barr:

- The section Vice-President will not be moving up—currently looking to fill President role
- Meetings are set—with exception of June's agenda
- Membership creeping up—may hit 100+, looking to get to 125 again
- Hurricanes become a hot topic in July as well as Heat
- Having difficulty scheduling executive committee meetings—have tried several options
- Wiregrass membership at 12/Columbia Southern 250+

#### ALABAMA CHAPTER – ASSP MONTHLY NEWSLETTER JULY, 2018

• Looking forward to the Alabama Governor's Safety and Health Conference in August—will hold meeting there

#### Mississippi Gulf Coast—Thomas Bryant

- Great meeting in May—Chris Busby presented—he is a winner of several safety awards (this
  presentation was requested by David Barr, Tom will look into providing/getting David
  connected to speaker)
- Trouble with COMT tool—Bob Fitzgerald will follow-up with Tom about this.
- 52 members
- Elections held—Tom will be President, Secretary—Kevin Kowalewski, Vice-President—Johnnie Campbell, Treasurer—Joanna Pinto, and John Fleming—Delegate

### Mississippi—Joe Keenan:

- Big thank you to Bob Fitzgerald for his service—we have a solid foundation for our area
- MS chapter held a round table discussion for its meeting today—current events in safety—lively discussion great for idea sharing
- Joe hopes to visit chapters and sections—please provide meeting information—if you have not... AL 3<sup>rd</sup> Friday, Tuscaloosa 1<sup>st</sup> Friday, Mobile 3<sup>rd</sup> Wednesday, Southern MS 3<sup>rd</sup> Tuesday
- For next meeting please think about some opportunities in your chapter and section—are there ways we can help?
- Please provide Joe some feedback about the monthly call—any changes or suggestions to update?
- Joe is very excited about his new role—looking forward to helping chapters get to recognition levels—grateful to Bob and the committee for the great position the area is in
- Always feel free to reach out to Joe for questions, feedback, resources

As a side note, Joe Keenan shared that ASSP is working on creating a list of vetted speakers to assist chapters and sections in scheduling talks for their meetings.

#### Wrap up:

Danny Callies announced that the AL Chapter will be hosting an 80<sup>th</sup> Birthday Party! So please keep an eye out for information

The meeting closed with a general thank you and best wishes to Bob Fitzgerald!

Next Meeting: Joe Keenan will send out information.





The Auburn/Montgomery ASSP Section meeting is set for July 27<sup>th</sup>, noon CST; Topic will be Lockout/Tagout. Lunch provided and sponsored by Grainger. Meeting at Briggs & Stratton in Auburn.

Address: 150 Technology Pkwy, Auburn, AL 36830

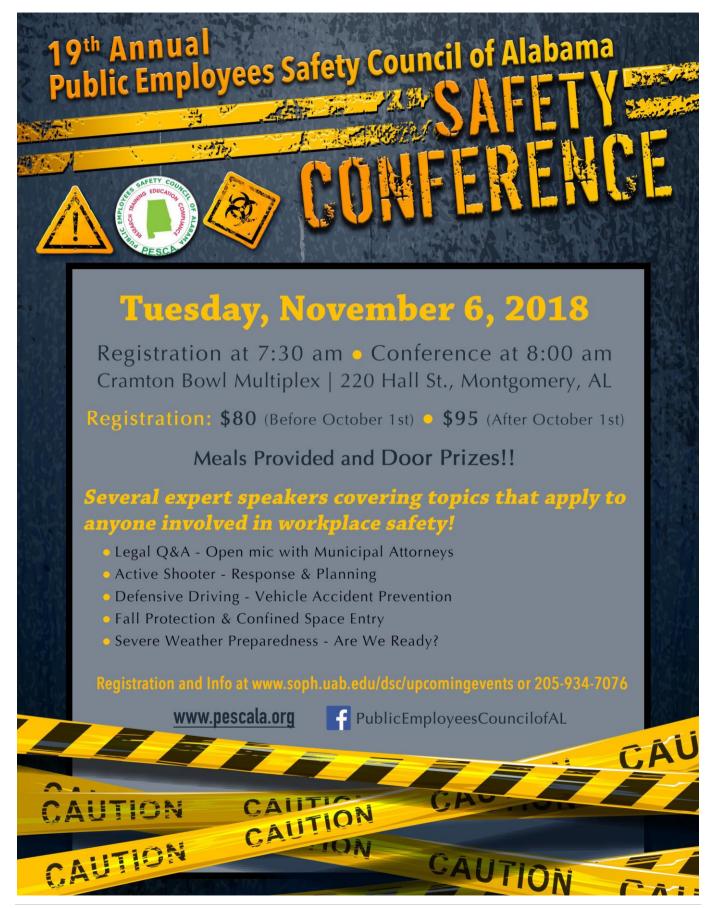
More details to come.

Thanks

**Scott Walker** 

walker.scott@basco.com







(Left to Right) Paul Thurber, Nucor Steel; 2018 SPY-General Industry
Tom Ten-Eyck, AL Chapter Education/PDC Chair and Wayne Jackson, AL Chapter President

## Tuscaloosa/West Section

Tuscaloosa|West meeting will be on Friday, July 6th @ Nucor Steel.

Below is a list of the remaining safety conferences for 2018. These are all excellent opportunities for safety Growth and Development.

- 1) Alabama Governor's S&H Conference August 27-29, Orange Beach, AL
  - Very good conference for Safety & Health Development opportunities. Great venue. Large exhibit hall with many vendors representing new technologies.
- 2) VPPPA National Safety Conference August 28-August 31, Nashville, TN
  - Huge attendee base and hundreds of training opportunities. Great conference with well-known key notes. Large exhibit hall with many vendors representing new technologies.
     VPPPA National Safety Conference
- 3) National Safety Council Congress October 20-26, Houston, TX
  - Hundreds of classes and workshops to choose from. Largest show of them all. Attendees can pick from 1-4 days depending upon class schedules.
  - Thousands of vendors representing new technologies.
     National Safety Council
- 4) South East Mine Safety & Health Conference Oct. 30-Nov. 2, Birmingham, AL (Ross Bridge Hoover)
  - Largest MSHA/Mine Conference in the Country
  - Two outstanding 8 hour Pre-Conferences Oct.30; Contractors/Maint. & NIOSH southeastmineconf.org



Join the City of Troy and Alabama Technology Network for the OSHA 10-Hour General Industry Training Course. This course is 1.5 days long (10 hours) and will be geared towards supervisors and/or employees. This is a great quick, and affordable class to help build a foundation of knowledge for any of our employees or supervisors.

Thursday, July 26 8am - 5pm & Friday July 27 8am - 11am at Pike County Lake | 722 Co.Rd. 2224, Troy, AL 36079 Fee is \$195 Per Person

Breakfast and lunch provided \* Door Prizes

## **REGISTER IN ADVANCE:**

Tim Croley at tcroley@atn.org or Jacob Fannin at Jacob.fannin@troyal.gov

#### **OSHA 10 HOUR GENERAL INDUSTRY TRAINING COURSE**

This course is designed to increase your employee's and Supervisor's awareness of the OSHA rules and regulations that apply to them. This day and a half course provides an overview of OSHA's 29 CFR General Industry Standard and details the applicable S&H regulations to the affected employees of your facility. This training course will be administered by instructors that are authorized through the OSHA Outreach Training Program. Each participant will receive an OSHA 10 hour card from the Department of Labor and an ATN training certificate upon completion of the course. Training will cover guidelines set forth by standard OSHA safety and health guidelines and regulations.

For more Info please visit: www.atn.org







Kurt M. Friend, CSP Alabama Chapter Membership Chair

## **Our New Name is Here**







Jacob Fannin; Alabama Chapter Facebook and Social Media Chairman

The AL Chapter ASSE Facebook page is officially up and running. Check it out!

## Jacob Fannin, Risk Coordinator/City of Troy





Jacob Fannin, CHCM, HSM, RMS Risk Management Coordinator

jacob.fannin@troyal.gov

P.O. Box 549 301 Charles W. Meeks Ave. Troy, Alabama 36081

> Office: 334.674.2444 Fax: 334.808.7404 Cell: 334.268.0296







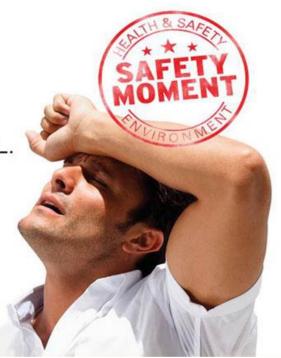
## **DID YOU KNOW**

'IT'S NOT THE HEAT, IT'S THE HUMIDITY', IS MORE THAN A CLICHÉ, IT'S A DANGER SIGNAL.

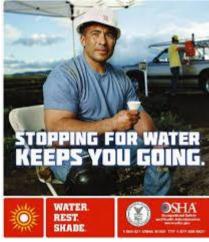
It's true that when you sweat, perspiration evaporates and actually helps cool the body. But if you're working in an environment that's both hot and humid, that humidity can actually reduce the degree to which the body can lose heat by evaporation. The harder it is to cool off, the easier it is to suffer a heat related illness.

Wearing light, loose-fitting clothes, such as cotton and light colors, can help. But it's best to keep the basics in mind, too, like wearing a proper hat to keep the sun off your head and neck.

Drink lots of water to stay hydrated. And if you're doing strenuous work, take breaks often to cool down.











## **Heat Stress - Heat Related Illness**

#### **Heat Stroke**

Heat stroke is the most serious heat-related illness. It occurs when the body becomes unable to control its temperature: the body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. When heat stroke occurs, the body temperature can rise to 106°F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not given.

### **Symptoms**

#### Symptoms of heat stroke include:

- Confusion, altered mental status, slurred speech
- Loss of consciousness (coma)
- Hot, dry skin or profuse sweating
- Seizures
- Very high body temperature
- Fatal if treatment delayed

#### First Aid

#### Take the following steps to treat a worker with heat stroke:

- Call 911 for emergency medical care.
- Stay with worker until emergency medical services arrive.
- Move the worker to a shaded, cool area and remove outer clothing.
- Cool the worker quickly with a cold water or ice bath if possible; wet the skin, place cold wet cloths on skin, or soak clothing with cool water.
- Circulate the air around the worker to speed cooling.
- Place cold wet cloths or ice on head, neck, armpits, and groin; or soak the clothing with cool water.

#### **Heat Exhaustion**

Heat exhaustion is the body's response to an excessive loss of the water and salt, usually through excessive sweating. Workers most prone to heat exhaustion are those that are elderly, have high blood pressure, and those working in a hot environment.

## **Symptoms**

Symptoms of heat exhaustion include:

- Headache
- Nausea
- Dizziness
- Weakness
- Irritability
- Thirst
- Heavy sweating
- Elevated body temperature
- Decreased urine output

#### First Aid

#### Treat a worker suffering from heat exhaustion with the following:

- Take worker to a clinic or emergency room for medical evaluation and treatment.
- If medical care is unavailable, call 911.
- Someone should stay with worker until help arrives.
- Remove worker from hot area and give liquids to drink.
- Remove unnecessary clothing, including shoes and socks.
- Cool the worker with cold compresses or have the worker wash head, face, and neck with cold water.
- Encourage frequent sips of cool water.

### Rhabdomyolysis

Rhabdomyolysis is a medical condition associated with heat stress and prolonged physical exertion, resulting in the rapid breakdown, rupture, and death of muscle. When muscle tissue dies, electrolytes and large proteins are released into the bloodstream that can cause irregular heart rhythms and seizures, and damage the kidneys.

### **Symptoms**

#### Symptoms of rhabdomyolysis include:

- Muscle cramps/pain
- · Abnormally dark (tea or cola colored) urine
- Weakness
- Exercise intolerance
- Asymptomatic

#### First Aid

#### Workers with symptoms of rhabdomyolysis should:

- Stop activity.
- Increase oral hydration (water preferred).
- Seek immediate care at the nearest medical facility.
- Ask to be checked for rhabdomyolysis (i.e., blood sample analyzed for creatine kinase).

### **Heat Syncope**

Heat syncope is a fainting (syncope) episode or dizziness that usually occurs with prolonged standing or sudden rising from a sitting or lying position. Factors that may contribute to heat syncope include dehydration and lack of acclimatization.

## **Symptoms**

#### Symptoms of heat syncope include:

- Fainting (short duration)
- Dizziness
- Light-headedness during prolonged standing or suddenly rising from a sitting or lying position

#### First Aid

#### Workers with heat syncope should:

- Sit or lie down in a cool place.
- Slowly drink water, clear juice, or a sports drink.

## **Heat Cramps**

Heat cramps usually affect workers who sweat a lot during strenuous activity. This sweating depletes the body's salt and moisture levels. Low salt levels in muscles causes painful cramps. Heat cramps may also be a symptom of heat exhaustion.

### **Symptoms**

Muscle cramps, pain, or spasms in the abdomen, arms, or legs

#### First Aid

#### Workers with heat cramps should:

- Drink water and have a snack and/or carbohydrate-electrolyte replacement liquid (e.g., sports drinks) every
   15 to 20 minutes.
- Avoid salt tablets.
- Get medical help if the worker has heart problems, is on a low sodium diet, or if cramps do not subside within 1 hour



Judith S. Etterer, SE District Staff Assistant, MSHA MNM



The year 2018 is on track to be the least fatal year in United States mining history, Mining Technology reports. As of June 5, 2018, there had been four metal/non-metal mine fatalities and four coal mine fatalities — a total of eight mining-related fatalities. This is an improvement over 10 fatalities in 2017 and 13 fatalities in 2016 during the same time period, and if it continues at this pace, the mining industry could see a significant improvement over 2017's 28 fatalities.

A focus on safety around machinery is believed to have contributed to the reduction in U.S. mining fatalities. According to the news agency, the International Council on Mining and Metals reported only one fatality involving equipment in 2017 among its member companies.

The metal/nonmetal mining industry saw a total of 13 fatalities in 2017, an all-time low, according to the Mine Safety and Health Administration (MSHA), Elko ...

Plus, the Mine Safety and Health Administration (MSHA) announced a new mobile inspection application system (IAS) in February 2018 that would be deployed across the U.S. to help inspectors do their work.

"Enabling mine inspectors to work more efficiently means more time to focus on the health and safety of America's miners," said MSHA assistant secretary David G. Zatezalo, according to the news outlet. "MSHA's Mobile IAS is expected to improve the quality of information by eliminating redundancy and provide more timely information for inspectors."

## For More ASSP Information Contact or visit alabama.assp.org

Newsletter looking for Stories, Pictures & Awards of our Members. Programs need Safety Topics, Speakers and Meeting Locations.





**Danny Callies** 

danny@grplantmaint.com



Paulisha Holt, Alabama Chapter Web Site pholt@uab.edu



Jacob Fannin, Facebook/Social Media
<a href="mailto:jacob.fannin@troyal.gov">jacob.fannin@troyal.gov</a>







**CRANE & RIGGING QUESTIONS/ANSWERS** 

**Danny Callies** 

# Question: When a tag is missing on an alloy chain sling, what should be done according to OSHA Standards?

**Answer:** The simple answer to this questions is to remove the sling from service. The technical answer, according to OSHA Standards:

1910.184(c)(14) Employers must not use slings without affixed and legible identification markings.

1910.184(e)(1) Alloy steel chain slings shall have permanently affixed durable identification stating size, grade, rated capacity, (WLL) and reach.

1910.184(c)(4) Slings shall not be loaded in excess of their rated capacities, (WLL).

1910.184(c)(13) Employers must not load a sling in excess of its recommended safe working load as prescribed by the sling manufacture on the identification markings permanently affixed to the sling.

Reference: 1926.251 "Rigging Equipment for Material Handling/Slings" & 1915.112 "Gear & Equipment for Rigging and materials Handling/Ropes, Chains, and Slings".

It is also important to note: Federal Register/Vol. 76, No.110/Wednesday, June 8th 2011 "Rules and Regulations: 4. Slings 1910.184 Update:

"...a requirement that prohibits employers from loading slings in excess of the recommended safe working load as prescribed on permanently affixed identification markings. The revision also prohibits the use of slings that do not have permanently affixed identification markings. In addition, OSHA is requiring that, in using the sling, employers follow the safe working-load capacity information on the identification markings affixed to slings by the sling manufacture. Further, if the sling is missing its identification marking consistent with the latest ASME/ANSI B30.9 Standard, employers must remove the sling from service until they reaffix the identification markings.

#### Question: What does ASME require for alloy chain sling tags?

Answer: According to ASME B30.9:-1.7.1: "Identification Requirements", Each sling shall be marked to show:

Name or trademark of manufacture

Grade

Nominal chain size

Number of legs

Rated loads for vertical hitch and bridal hitch and the angle upon which it is based

Length (reach)

Individual sling identification (e.g., serial numbers)

ASME B30.9-1.7.2: "Initial Sling Identification", Sling identification shall be done by the sling manufacture.

ASME B30.9-1.7.3: "Maintenance of Sling Identification", Sling Identification should be maintained by the user so as to be legible during the life of the sling.

ASME B30.9-1.7.4: "Replacement of Sling Identification", Replacement of the sling identification shall be considered a "REPAIR" as specified in paragraphs. 9-1.9.5(a) and (b) Additional proof testing is not required.

## Question: Who is a Sling Manufacture according to OSHA and ASME?

**Answer:** OSHA 1910.184 definition: Sling Manufacture is a person or organization that assembles sling components into their final form for sale to users.

ASME B30.9 Slings: Sling Manufacture (fabricator): a person or company assembling or fabricating sling components into their final form. The sling manufacture and the manufacture of the sling material may or may not be identical.

## Question: Who is responsible for putting tags on chain slings?

**Answer:** It is the sling manufacture's responsibility! An end user who buys chain and components and assembles them into a mechanical chain sling is the Sling Manufacture. (Must not only tag with proper information but they are also required to complete a test cert and/or the proper documentation for each sling fabricated)

## Question: Can an end user replace missing tags?

**Answer:** Yes, however that end-user must adhere/comply with the above standards. If the end user chooses to replace missing tags they then become the "Sling Manufacture" and must/shall meet all the requirements set forth in OSHA and ASME Standards. In addition the end-user can only repair or replace a missing tag if they are properly trained and deemed competent, again requirements of OSHA & ASME.